

U.S. Employee Benefits Meeting









Annual Enrollment: Nov. 4 – 15

Agenda

- What's New & Different for 2014
- What's Not Changing
- Monthly Costs
- Enrollment
- Information and Resources



What's New & Different for 2014







New Partners

	From	To
HSA/ PPO Medical Plans	aetna	BlueCross BlueShield of Texas
Dental Plan	aetna	MetLife
Employee Assistance Program (EAP)	aetna	M A G E L L A N
Telemedicine	New for 2014	Teladoc [†]







Why New Partners?

- Help you and BMC save money
- Enhanced customer service
 - Benefit Value Advisors personalized help estimating costs and finding providers if you need surgery or other expensive procedures
- Tools to help you maximize your health coverage
 - Transparency tool
 - 24/7 Nurseline
- Learn more about new BCBSTX tools and resources at mybmcbenefits.com







Move to Blue Cross Blue Shield of Texas

- In the HSA or PPO today...
 - Your coverage automatically switches to BCBSTX on Jan. 1
 - Most Aetna providers are in BCBSTX network
 - For employees in the Houston area, Kelsey-Seybold will now be in-network







Move to Blue Cross Blue Shield of Texas

- In the HSA or PPO today....
 - Find providers under Health and Insurance—TAKE
 ACTION— Find a Doctor when you enroll
 - Transition-of-care benefits:
 - Allows you to continue the treatment with your out-of-network provider at in-network rates
 - Available for certain conditions, such as high-risk pregnancy, or surgeries
 - Learn more about transition-of-care benefits at mybmcbenefits.com







Move to Blue Cross Blue Shield of Texas

- In the HSA or PPO today....
 - New combined medical/Rx ID card will be mailed in December
 - You'll receive two cards if you cover dependents
 - Only employee name appears on card; dependent name(s) not listed
 - Go to <u>www.bcbstx.com</u> and download additional cards







PPO Plan Changes

 Annual deductibles, out-of-pocket maximums, emergency room copayment increasing (changes in red)

Plan Features	In Network	Out of Network
Deductible	\$750 individual \$1,500 family	\$2,250 individual \$4,500 family
Out-of-Pocket Maximum	\$3,000 individual \$6,000 family	\$9,000 individual \$18,000 family
Emergency Room	85% after deductible and \$250 copay	85% after deductible and \$250 copay







PPO Plan Changes

 Coinsurance limits for brand-name prescription drugs increasing (changes in red)

	Retail 30-day	Mail Order 90-Day
Generic	\$4	\$10
Preferred Brand Name	20% coinsurance (\$40 min/\$85 max copay)	20% coinsurance (\$80 min/\$170 max copay)
Non-Preferred Brand Name	50% coinsurance (\$80 min/\$170 max copay)	50% coinsurance (\$160 min/\$200 max copay)







BCBSTX Plans Compared

	BCBSTX HSA		BCBSTX PPO		
1. Medical Plan Cost					
Paycheck Costs	\$		\$\$\$		
In-Network Deductible (Individual/Family)	\$1,500/\$3,000		\$750/\$1,500		
2. Health Care Savings					
Flexible Spending Account (FSA)	Limited Use FSA; up to \$2,500. Use it or lose it.		Health Care FSA; up to \$2,500. Use it or lose it.		
	PLUS		PLUS		
Health Savings Account (HSA) (Individual/Family)	Up to \$3,300/\$6,550 Use it and keep it.		Not available		
3. Cash from BMC					
Base Salary (Individual/Family)	<\$75,000/year \$750/\$1,500	>\$75,000/year \$500/\$1,000	Not available		



Pharmacy Changes

- Express Scripts adding more medicines to pre-approval list
 - New categories requiring prior authorization include: cholesterol lowering agents (Crestor), antipsychotics (newly prescribed), narcotics, diabetes, fibvates
 - Examples include: Abilify, Invega, Oxycontin,
 Oramorph SR, Byetta, Bydureon, Antava, Fenoglide
 - Visit mybmcbenefits.com for details





Move to Magellan for EAP

- Automatically switches from Aetna to Magellan on Jan.1
- Services provided at no cost to you and your eligible family members
- Call 1-800-327-1393 to talk with a counselor 24/7





Move to MetLife for Dental

- Automatically switches from Aetna to MetLife on Jan. 1
- Find MetLife providers at metlife.com/mybenefits
- MetLife does not issue identification cards
- Call MetLife at 1-800-942-0854 with questions







Dental Plan Changes

 Annual dental benefit maximum increasing from \$1,500 to \$2,000



 Also raising the orthodontia maximum to \$2,000, a benefit increase of \$500 to cover eligible adult and child orthodontia







Telemedicine Through Teladoc®

- Alternative to expensive and time-consuming urgent care and emergency room visits
- 24/7 access to U.S. board-certified physicians by telephone for \$40 per consultation
- Call Teladoc for cold and flu symptoms, bronchitis, respiratory infection, sinus problems, allergies and more
- Visit Teladoc.com or call 1-800-835-2362 (Teladoc)







Health Savings Account

- IRS contribution limits increasing for 2014
 - Individual: \$3,300 (\$50 increase)
 - Family: \$6,550 (\$100 increase)
 - Catch-up: \$1,000 if you are at least age 55 (no change)
 - Limits include your contributions and BMC's
 - Use the Health Savings Account Estimator on Your Benefits Resources (YBR) when you enroll







Flexible Spending Accounts

- For 2014, before-tax contributions are:
 - \$240 to \$2,500 in the Health Care FSA
 - \$240 to \$2,500 in the Limited Use FSA
 - \$240 to \$5,000 in the Dependent Care FSA
- Enrollment required every year
- 2014 claims must be submitted by March 31, 2015







Health Care Reform Update

- Affordable Care Act (ACA) requires all Americans to have health insurance by January 1
 - If enrolled in a BMC medical plan, you are following the new rules of the ACA
 - Please review Health Insurance Marketplace
 Coverage notice mailed to your home address
 in October
 - Learn more, read FAQs at mybmcbenefits.com







Health Care Reform Update

- BMC will continue to:
 - Revise our medical plans to comply with requirements
 - Assess the cost impact of mandated changes and make adjustments if needed
- For a more detailed look at the Affordable Care Act, go to HealthCare.gov



What's Not Changing





What's Not Changing

- Kaiser for HMO Medical Plan
- Express Scripts for Prescription Drugs
- Vision Services Plan(VSP) for Vision Plan
- Your Spending Account[™] for Flexible
 Spending Accounts and Health Saving Account
- UMB Bank as custodian for Health Savings Account



What's Not Changing

- Liberty Mutual for Life, AD&D, Disability
- Work/Life Benefits
 - Group Prepaid Legal
 - Tuition Reimbursement
 - Adoption Assistance
 - Fitness Reimbursement
 - BMC Scholarship Program





Monthly Costs





Monthly Costs

- Medical cost increases due to:
 - Trends in health care costs, plan usage, and compliance with Health Care Reform
- BMC absorbing cost increases for HSA and PPO medical plans; no increase in monthly costs you pay
- HMO monthly costs increasing 8%





Monthly Costs

- Dental Plan coverage costs are also higher for 2014 but BMC will cover the increase
 - No monthly cost increase for employees for the third year in a row!
- Vision Plan monthly cost increasing 4%
- Decrease in cost for Supplemental Life and AD&D insurance; no benefit changes







Cost of Medical Coverage

2014 Paycheck Contributions (With \$600 Wellness Discount)

You can pay less for medical with the BMC Wellness Program discount

	Cost each paycheck					
Coverage level	BCBSTX HSA		BCBSTX PPO		Kaiser HMO	
	Normal Contribution	\$600 Wellness Discount	Normal Contribution	\$600 Wellness Discount	Normal Contribution	\$600 Wellness Discount
You Only	\$27.48	\$2.48	\$95.40	\$70.40	\$53.96	\$28.96
You + Spouse	\$98.35	\$73.35	\$244.92	\$219.92	\$155.81	\$130.81
You + Child(ren)	\$68.65	\$43.65	\$184.05	\$159.05	\$106.25	\$81.25
You + Family	\$133.73	\$108.73	\$357.80	\$332.80	\$228.45	\$203.45







Cost of Medical Coverage

2014 Paycheck Contributions (With \$300 Wellness Discount)

You can pay less for medical with the BMC Wellness Program discount

	Cost each paycheck					
Coverage level	BCBSTX HSA		BCBSTX PPO		Kaiser HMO	
Coverage level	Normal Contribution	\$300 Wellness Discount	Normal Contribution	\$300 Wellness Discount	Normal Contribution	\$300 Wellness Discount
You Only	\$27.48	\$14.98	\$95.40	\$82.90	\$53.96	\$41.46
You + Spouse	\$98.35	\$85.85	\$244.92	\$232.42	\$155.81	\$143.31
You + Child(ren)	\$68.65	\$56.15	\$184.05	\$171.55	\$106.25	\$93.75
You + Family	\$133.73	\$121.23	\$357.80	\$345.30	\$228.45	\$215.95



Wellness Program



- Provides annual discounts on medical premiums to encourage healthy lifestyles
- Free, confidential services
- Contact Healthways at:
 - www.mybmcwellness.com
 - 1-866-336-8226







Wellness Program



- Premium discounts continue in 2014 with program participation
- Multiple ways to participate and pay less for medical coverage in 2015
- Look for information in the first quarter with details about the 2014 program







Wellness Program



- Recruiting Wellness Ambassadors for BMC locations
- Earn premium discounts and help co-workers with program questions, wellness activities
- Interested? Please read the October Benefits eNews for position details and how to apply



Enrollment







Three Reasons to Enroll

- Your health care needs change from year to year
- You want to have a Flexible Spending Account (FSA)
- You want to contribute to a Health Savings Account







How to Enroll

- Know your user ID and password
- mybmcrewards.com (select Enroll Now!)
- Log on to enroll between Nov 4 and 15
- 1-877-262-4849
 - 8 a.m. to 9 p.m.,
 Eastern time, Monday
 through Friday

www.mybmcrewards.com









Enrollment Steps

- Understand the changes
- Model the right plan for you
- Make informed decisions
- Use YBR tools to help you choose
- Use prescription drug estimating tool at express-scripts.com/bmcsoftware

Make sure your personal information is up to date on Employee Direct Access



Annual Enrollment Information and Resources







AE Information and Resources

- mybmcbenefits.com Starting Oct. 25
 - 2014 details
 - Information about transitioning to new partners
 - Enrollment tips
- mybmcrewards.com Starting Nov. 4
 - Plan and cost information
 - Tools to help you decide
 - Enroll, update dependents and beneficiaries









Information and Resources

- Enrollment brochure mailed to your home
- Updated Benefits Guide at mybmcbenefits.com
- Emails at work











If You Don't Enroll by Nov.15

- Coverage will remain the same
- If enrolled in the Kaiser HMO, you will pay increased monthly costs in 2014
- You will not be enrolled in FSAs
- You won't be making contributions to your HSA; BMC contributions continue
- Other plan elections will carry over dental, vision, life and disability, and group legal







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Your annual opportunity to make changes to your benefits

mybmcrewards.com

Call the Benefits Center at 1-877-262-4849



Thank You!









Questions?

