

Hint: It's called virtual visits | view in [Web Browser](#)



As a Blue Cross and Blue Shield of Texas (BCBSTX) member, you have access to online doctor visits 24 hours a day, 7 days a week. **Activate your MDLIVE Account by March 15th for a chance to win a \$100 Prepaid Gift Card*!**

Why BCBSTX members should use virtual visits, powered by MDLIVE**?

- ✓ You can have a doctor's visit anytime, from anywhere.
- ✓ The average wait time to see a physician online is less than 20 minutes.
- ✓ Access to experienced, independently contracted, board certified doctors.



MDLIVE doctors can treat a variety of non-emergency conditions, and may also send an e-prescription to your local pharmacy, when necessary. MDLIVE treats over 50 routine medical conditions, including:

- Acne
- Allergies
- Asthma
- Bronchitis
- Cold & Flu
- Constipation
- Cough
- Diarrhea
- Ear problems (age 12 and up)
- Fever (age 3 and up)
- Headache
- Insect bites
- Nausea
- Pink eye
- Rash
- Sinus infection
- Sore throat
- UTI (females 18 and up)
- Vomiting
- ...and [more](#)

[Activate Your Account Now](#)

There's no additional charge to BCBSTX members to set up your account; however, depending on your benefits, you may need to pay for your visit.



Visit [MDLIVE.com/bcbstx](#) or call MDLIVE at **888-676-4204**.



Download the MDLIVE app from the Apple StoreSM or Google PlayTM Store.




Message and data rates may apply.



Meet Sophie,[†] your online virtual visit assistant! Sophie makes activation quick and easy. Text BCBSTX to **635-483**.

[bcbstx.com](#)



*NO PURCHASE NECESSARY TO ENTER OR WIN. A consult with an independently contracted MDLIVE doctor is not required to be eligible. Open to legal residents of the fifty (50) United States/DC who are 18 years or older, who have not yet activated their MDLIVE accounts, are active members of Blue Cross and Blue Shield of Texas, who receive this email, participate in a benefit plan sponsored by a private employer, and whose group is participating in the Sweepstakes. Sweepstakes begins 2/13/2019 and ends 3/15/2019. Twenty-five prizes consisting of one (1) \$100 prepaid gift card each. Odds of winning depend on the number of entries. Employees and agents of Sponsor and each of their respective parents and affiliates, agencies, distributors, wholesalers and retailers, and members of such employees' and agents' immediate families and individuals living in the same household with such employees, are not eligible to enter or win the Sweepstakes. Void where prohibited or otherwise restricted by law. Participation is subject to complete official rules by which all entrants are bound, available at 300 East Randolph, Chicago, Texas 60601. Entrants release all parties from all claims/liability arising from this Sweepstakes or acceptance/use of any prize. Sponsor: Health Care Service Corporation, 300 East Randolph Street, Chicago, IL 60601. Void where prohibited.

**Internet/Wi-Fi connection is needed for computer access. Data charges may apply. Check your phone carrier's plan for details. Non-emergency medical service in Idaho, Montana, and New Mexico is limited to interactive audio/video (video only), along with the ability to prescribe. Non-emergency medical service in Arkansas is limited to interactive audio/video (video only) for initial consultation, along with the ability to prescribe. Behavioral Health service is limited to interactive audio/video (video only), along with the ability to prescribe in all states. Service availability depends on location at the time of consultation.

Virtual Visits, Powered by MDLIVE may not be available on all plans. Virtual Visits are subject to the terms and conditions of your benefit plan, including benefits, limitations, and exclusions. MDLIVE operates subject to state regulations and may not be available in certain states. MDLIVE is not an insurance product nor a prescription fulfillment warehouse. MDLIVE does not guarantee that a prescription will be written. MDLIVE does not prescribe DEA-controlled substances, non-therapeutic drugs and certain other drugs that may be harmful because of their potential for abuse. MDLIVE physicians reserve the right to deny care for potential misuse of services.

† "Sophie" and the online virtual assistant are owned and operated by MDLIVE.

MDLIVE is a separate company that operates and administers the virtual visits program for Blue Cross and Blue Shield of Texas. MDLIVE is solely responsible for its operations and for those of its contracted providers.

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Blue Cross and Blue Shield of Texas complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. See our full [non-discrimination notice and contacts](#).

To get help and information in your language at no cost, call the customer service number on the back of your member card, or see our [Language Assistance page](#) for more information.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-710-6984 (TTY: 711).

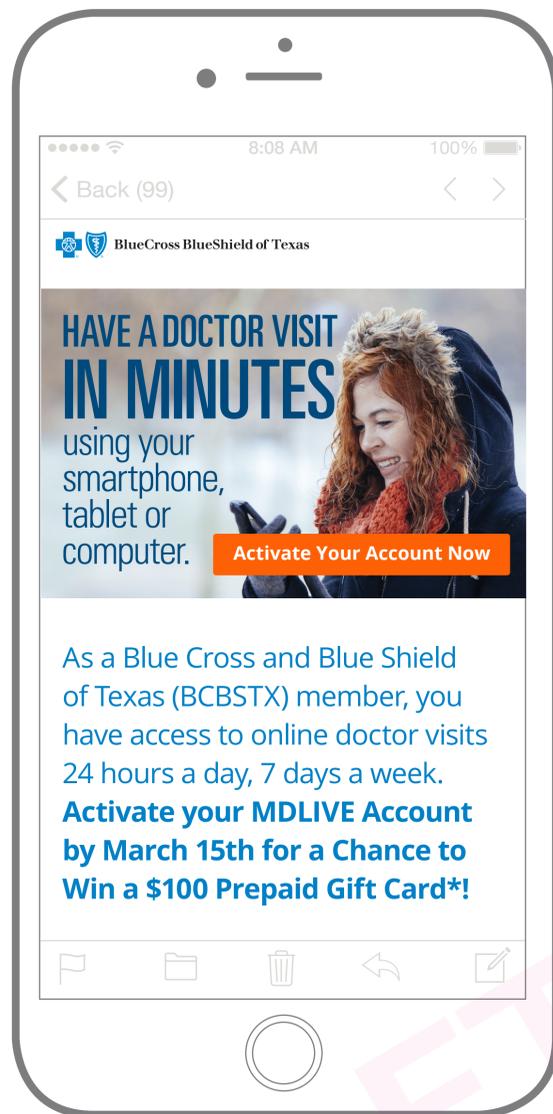
CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-855-710-6984 (TTY: 711).

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