

## Preventive medications list

In addition to a healthy lifestyle, preventive medications can help people avoid many illnesses and conditions. A consumer-directed health (CDH) plan that includes preventive medications can help support the goal of ongoing good health.

This list provides examples of your plan's preventive medications. The medications are categorized based on the medical conditions that they are used to prevent. This is not an all-inclusive list; only examples of medicines in each category are listed. Coverage prior to the deductible being met may not be provided for every dosage form of a listed medication. Please check with your plan administrator if you have questions. This list is periodically reviewed by clinical experts. Medications may be added to or removed from the list based on different factors, including the intended purpose of the medication and its availability.

**Medications on this list that are not covered under your plan are not eligible for the preventive medication program.**

*This list includes medications (a) always used for prevention, (b) medications sometimes used for prevention and sometimes for treatment, and (c) medications used for the treatment of diabetes, but that have long-term preventive benefits against some of the complications of that condition.*

### **LOW LEVELS OF VITAMINS**

FOLIC ACID, 0.4 TO 0.8 MG  
PRESCRIPTION PRENATAL VITAMINS  
MULTIVITAMIN PRODUCTS

### **PREGNANCY**

BIRTH CONTROL MEDICINES  
TAKEN BY MOUTH  
BIRTH CONTROL DEVICES:  
DIAPHRAGMS, SKIN PATCH SYSTEMS,  
INJECTABLE BIRTH CONTROL,  
INTRAUTERINE SYSTEMS, AND IMPLANTS

### **CAVITIES**

*ETHEDENT, PHOS-FLUR, GEL-KAM,*  
*PREVIDENT RINSE*  
SODIUM FLUORIDE

### **ANEMIA IN CHILDREN**

FERROUS SULFATE LIQUID DROPS FOR  
INFANTS (SUCH AS FER-IN-SOL)

### **SMOKING-CESSATION THERAPY**

ZYBAN  
BUPROPION  
NICOTROL  
NICOTINE PRODUCTS  
CHANTIX  
VARENICLINE

### **OBESITY**

DIETHYLPROPION  
*XENICAL*  
ORLISTAT  
*BONTRIL*  
PHENDIMETRAZINE  
*ADIPEX-P, IONAMIN*  
PHENTERMINE

### **NAUSEA AND DIZZINESS**

*EMEND*  
APREPITANT  
*MARINOL*  
DRONABINOL  
*ANTIVERT*  
MECLIZINE  
*ZOFRAN*  
ONDANSETRON  
*COMPAZINE*  
PROCHLORPERAZINE  
*PHENERGAN*  
PROMETHAZINE  
*TRANSDERM SCOP, SCOPACE*  
SCOPOLAMINE

### **BREAST CANCER RECURRENCE**

*ARIMIDEX*  
ANASTROZOLE  
*AROMASIN*  
EXEMESTANE

*FEMARA*  
LETROZOLE  
*NOLVADEX*  
TAMOXIFEN

### **HEART DISEASE AND STROKE**

#### **BLOOD THINNER MEDICINES:**

ASPIRIN, 81 MG OR 325 MG  
HEPARIN  
*PLAVIX*  
CLOPIDOGREL  
*LOVENOX*  
ENOXAPARIN  
*ARIXTRA*  
FONDAPARINUX  
*COUMADIN, JANTOVEN*  
WARFARIN

#### **MEDICINES FOR HIGH BLOOD PRESSURE:**

#### **ACE RECEPTOR BLOCKERS AND COMBINATIONS:**

*LOTENSIN, LOTENSIN HCT*  
BENAZEPRIL  
*VASOTEC, VASERETIC*  
ENALAPRIL

# Preventive Medications List

## **MONOPRIL, MONOPRIL-HCT**

FOSINOPRIL  
**PRINIVIL, PRINZIDE, ZESTRIL, ZESTORETIC**  
LISINOPRIL  
**ACCUPRIL, ACCURETIC**  
QUINAPRIL

## **ACE RECEPTOR BLOCKERS AND COMBINATIONS:**

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### **ATACAND, ATACAND HCT**

CANDESARTAN  
**TEVETEN, TEVETEN HCT**  
EPROSARTAN  
**AVAPRO, AVALIDE**  
IRBESARTAN  
**COZAAR, HYZAAR**  
LOSARTAN

### **BENICAR, BENICAR HCT**

OLMESARTAN  
**MICARDIS, MICARDIS HCT**  
TELMISARTAN  
**DIOVAN, DIOVAN HCT**  
VALSARTAN

## **BETA BLOCKERS AND COMBINATIONS:**

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### **TENORMIN, TENORETIC**

ATENOLOL  
**ZEBETA, ZIAC**  
BISOPROLOL  
**LOPRESSOR, TOPROL-XL**  
METOPROLOL  
**BYSTOLIC**  
NEBIVOLOL  
**INDERAL LA, INNOPRAN XL**  
PROPRANOLOL

## **CALCIUM CHANNEL BLOCKERS:**

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### **NORVASC**

AMLODIPINE  
**CARDIZEM, CARTIA XT, TIAZAC**  
DILTIAZEM  
**ADALAT CC, PROCARDIA**  
NIFEDIPINE  
**SULAR**  
NISOLDIPINE  
**CALAN, COVERA-HS, ISOPTIN SR, VERELAN**  
VERAPAMIL

## **DIURETICS AND COMBINATIONS:**

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HYDROCHLOROTHIAZIDE  
INDAPAMIDE  
**MIDAMOR**  
AMILORIDE  
**ZAROXOLYN**  
METOLAZONE  
**ALDACTONE**  
SPIRONOLACTONE  
**DYAZIDE, MAXZIDE**  
TRIAMTERENE-HCTZ

## **MISCELLANEOUS:**

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### **APRESOLINE**

HYDRALAZINE  
**EXFORGE**  
AMLODIPINE/BENAZEPRIL  
**HYTRIN**  
TERAZOSIN  
**TEKTURNA**  
ALISKIREN  
**COREG**  
CARVEDILOL  
**CATAPRES, COMBIPRES, CLORPRES**  
CLONIDINE  
**CARDURA**  
DOXAZOSIN

## **MEDICINES THAT LOWER CHOLESTEROL:**

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## **HMG-COA REDUCTASE INHIBITORS:**

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### **LIPITOR**

ATORVASTATIN  
**MEVACOR, ALTOPREV**  
LOVASTATIN  
**PRAVACHOL**  
PRAVASTATIN  
**CRESTOR**  
ROSUVASTATIN  
**ZOCOR**  
SIMVASTATIN

## **OTHER AGENTS:**

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### **PREVALITE, QUESTRAN**

CHOLESTYRAMINE  
**WELCHOL**  
COLESEVELAM  
**COLESTID**  
COLESTIPOL  
**LOPID**  
GEMFIBROZIL  
**FENOGLIDE, LIPOFEN, TRICOR**  
FENOFIBRATE  
**ZETIA**  
EZETIMIBE

## **VYTORIN**

EZETIMIBE/SIMVASTATIN  
**OMACOR**  
OMEGA-3-ACID ETHYL ESTERS  
**NIACOR, NIASPAN**  
NIACIN  
**ADVICOR**  
NIACIN/LOVASTATIN  
**SIMCOR**  
NIACIN ER/SIMVASTATIN

## **INFECTION**

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## **VACCINES**

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DIPHTHERIA, PERTUSSIS, TETANUS, HAEMOPHILUS INFLUENZAE B, HEPATITIS A AND B, HUMAN PAPILLOMAVIRUS, INFLUENZA, MEASLES, MENINGOCOCCAL, MUMPS, PNEUMOCOCCAL, POLIOVIRUS, ROTAVIRUS, RUBELLA, AND VARICELLA

## **FUNGAL INFECTIONS**

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### **MEPRON**

ATOVAQUONE  
**NEBUPENT, PENTAM**  
PENTAMIDINE  
**NOXAFIL**  
POSACONAZOLE

## **MALARIA**

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### **PRIMAQUINE**

**MALARONE**  
ATOVAQUONE/PROGUANIL  
**PLAQUENIL**  
HYDROXYCHLOROQUINE  
**QUALAQUIN**  
QUININE

## **VIRUS**

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### **AMANTADINE**

**ZOVIRAX**  
ACYCLOVIR  
**FAMVIR**  
FAMCICLOVIR  
**FOSCAVIR**  
FOSCARNET  
**CYTOVENE**  
GANCICLOVIR  
**TAMIFLU**  
OSELTAMIVIR  
**VALTREX**  
VALACYCLOVIR  
**VALCYTE**  
VALGANCICLOVIR  
**RELENZA**  
ZANAMIVIR

# Preventive Medications List

## ULCER DISEASE

### H<sub>2</sub>-ANTAGONISTS:

*TAGAMET*  
CIMETIDINE  
*PEPCID*  
FAMOTIDINE  
*ZANTAC*  
RANITIDINE

### MISCELLANEOUS AGENTS:

*CARAFATE*  
SUCRALFATE

### PROTON PUMP INHIBITORS:

*NEXIUM*  
ESOMEPRAZOLE  
*PEPCID*  
LANSOPRAZOLE  
*PROTONIX*  
PANTOPRAZOLE  
*ACIPHEX*  
RABEPRAZOLE

## ASTHMA

*SINGULAIR*  
MONTELUKAST  
*ACCOLATE*  
ZAFIRLUKAST  
*ZYFLO CR*  
ZILEUTON

## SIDE EFFECTS FROM CANCER TREATMENT

*ARANESP*  
DARBEPOETIN ALFA  
*EPOGEN, PROCRIT*  
EPOETIN ALFA  
*NEUPOGEN*  
FILGRASTIM  
*NEULASTA*  
PEGFILGRASTIM  
*LEUKINE*  
SARGRAMOSTIM

## GUM DISEASE

*ARESTIN*  
MINOCYCLINE

## LOW LEVELS OF HORMONES

*ESTROGEN TAKEN BY MOUTH  
AND BY SKIN PATCH*  
*CYCRIN, PROVERA*  
MEDROXYPROGESTERONE  
*AYGESTIN*  
NORETHINDRONE  
*CRINONE, PROMETRIUM*  
PROGESTERONE

## GOUT

*ZYLOPRIM*  
ALLOPURINOL  
*COLCRYS*  
COLCHICINE

## BONE DISEASE AND FRACTURES

*FOSAMAX, FOSAMAX PLUS D*  
ALENDRONATE  
*FORTICAL, MIACALCIN*  
CALCITONIN  
*BONIVA*  
IBANDRONATE  
*EVISTA*  
RALOXIFENE  
*ACTONEL*  
RISEDRONATE  
*RECLAST*  
ZOLEDRONIC ACID

## LOW LEVELS OF VITAMINS OR MINERALS

CALCIUM  
MAGNESIUM  
VITAMINS: A, B, B<sub>1</sub>, B<sub>6</sub>, B<sub>12</sub>, D, K  
ZINC  
*CHROMAGEN, FOLTRIN, NIFEREX,*  
*VENOFER*  
IRON  
*EFFER-K, K-LYTE*  
POTASSIUM BICARBONATE/CITRIC ACID  
*K-DUR, K-TAB, KLOR-CON*  
POTASSIUM CHLORIDE

## HIGH PHOSPHATE LEVELS IN KIDNEY DISEASE

*FOSRENOL*  
LANTHANUM  
*REVELA, RENAGEL*  
SEVELAMER

## COMPLICATIONS OF DIABETES

### INSULINS:

*HUMULIN, NOVOLIN*  
INSULIN  
*NOVOLOG*  
ASPART  
*LEVEMIR*  
DETEMIR  
*LANTUS*  
GLARGINE  
*APIDRA*  
GLULISINE  
*HUMALOG*  
LISPRO

### NON-INSULIN HYPOGLYCEMICS:

*BYETTA*  
EXENATIDE  
*AMARYL*  
GLIMEPIRIDE  
*GLUCOTROL, METAGLIP*  
GLIPIZIDE AND COMBINATIONS  
*DIABETA, GLYNASE, GLUCOVANCE*  
GLYBURIDE AND COMBINATIONS  
*VICTOZA*  
LIRAGLUTIDE  
*FORTAMET, GLUCOPHAGE,*  
*GLUMETZA*  
METFORMIN  
*STARLIX*  
NATEGLINIDE  
*ACTOS, DUETACT, ACTOPLUS MET*  
PIOGLITAZONE AND COMBINATIONS  
*PRANDIN*  
REPAGLINIDE  
*ONGLYZA*  
SAXAGLIPTIN  
*JANUVIA, JANUMET*  
SITAGLIPTIN AND COMBINATIONS

## MEDICINES USED FOR COLONOSCOPY

*COLYTE, GOLYTELY, HALFLYTELY,*  
*NULYTELY, TRILYTE, MOVIEPREP*  
POLYETHYLENE GLYCOL  
*VISCOL, OSMOPREP*  
SODIUM PHOSPHATE SALTS

**Medco is the company that manages the prescription drug benefit for your employer or health plan.**

Please note: Brand names are shown in italics in each category.

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