

Plan Contact Information

PLAN	CONTACT	PHONE NUMBER	WEBSITE
All Plans	Your Benefits Resources	1-877-BMC-4849	www.mybmcrewards.com (select Your Benefits Resources)
Medical Insurance — BCBSTX Plans	Blue Cross Blue Shield of Texas (BCBSTX)	1-800-521-2227	www.bcbstx.com
Prescription Drug Coverage for BCBSTX Medical Plans	Express Scripts	1-866-577-2523	www.express-scripts.com Prescription Drug Cost-Estimator Tool: www.express-scripts.com/bmcsoftware
Health Decision Support	Best Doctors®	866-904-0910	members.bestdoctors.com
Medical Costs & Quality Research	Healthcare Bluebook	800-341-0504	healthcarebluebook.com/cc/bmc
Telehealth	MDLIVE®	1-800-400-MDLIVE (1-800-400-6354)	www.mdlive.com/bcbstx
Blue Cross Blue Shield Global Core	BCBSTX	1-800-810-2583 (toll free) 1-804-673-1177 (collect)	www.bcbglobalcore.com
Medical Insurance & Prescription Drug Coverage – Kaiser Plan	Kaiser Permanente	1-800-464-4000	www.kp.org
Dental	MetLife	1-800-942-0854	www.metlife.com/mybenefits
Vision	VSP	1-800-877-7195	www.vsp.com
Flexible Spending Accounts, Health Savings Account, and Commuter Account	Your Spending Account	1-877-BMC-4849	www.mybmcrewards.com (select Your Spending Account)
Employee Assistance Program	Magellan Health Services	1-800-327-1393	www.magellanassist.com (When prompted, type in BMC's toll-free EAP number, 1-800-327-1393)
Global Emergency Travel Services	Assist America	1-800-872-1414 (within USA) 1-609-986-1234 (outside USA) Email at: medservices@assistamerica.com	www.assistamerica.com Reference Number: 01-AA-ACN-06048
401(k) Plan	Fidelity	1-866-546-4424	www.netbenefits.com
Short-term & Long-term Disability & FMLA reporting	Liberty Mutual	1-888-408-7300	www.mylibertyconnection.com Claimant ID: BMC2008
Group Prepaid Legal Assistance	Hyatt Legal Plans	1-800-821-6400	www.legalplans.com
Group Auto/Homeowner's/Property Insurance	MetLife	1-800-GET-MET-8 (1-800-438-6388)	www.metlife.com/mybenefits
Pet Insurance	MetLife	1-800-GET-MET-8 (1-800-438-6388)	www.metlife.com/mybenefits (follow the pet insurance link)
Tuition & Fitness Reimbursement & Adoption Assistance	Your Spending Account	1-877-BMC-4849	www.mybmcrewards.com (select Your Spending Account)
Participant Advocacy — (Help with medical, dental, vision or FSA claims)	Your Benefits Resources	1-888-886-8734	www.mybmcrewards.com (select Your Benefits Resources)
Wellness Program	ADURO	1-855-864-0721	www.mybmcwellness.com